

Happenings of The Meadows

The Meadows Senior Living Center

OCTOBER GOINGS ONS

October was a very busy month! It began with a fun spooky wreath craft making day on Saturday the 4th, where Evelyn, Cheryl, Barbara and her sister Norma, Murielle, Key, Rose, and Dotty all made spooktacular wreaths to hang on their doors!

Next was the flu shots where everybody who wanted one got the flu shot from Lisa an Androscoggin home health nurse.

We had the first of many visits from the Litchfield Senior Steppers. The fun and easy dancing was quite a hit and everybody cant wait for next month when they come again!

We had Rena's fall and Christmas yard sale in the library on the 14th. She had a collection of many different knick knacks for fall and winter decorating.

The following day was the Carol Bailey String Band from the Litch-

field Senior Center!

We will have to thank Paul for all the Litchfield connections! Almost everyone came to listen to the new music players. They came with rave reviews and everybody at The Meadows really enjoyed listening to their smooth tunes! They are booked so far in advanced that we wont be able to have them come back until NEXT YEAR!

At the Oxford Casino

this month, the big money maker was Evelyn. Even though Murielle didn't win as big she helped decide they should eat their winnings and went to Daddy-O's in Oxford! Jennifer got a 3 pound GIANT whoopee pie. I hope she shared it with Walt!

We had 2 birthdays in October Herb, had an ice cream cake birthday party, and Kay who had a white cake with white frosting party!

We had a large Absentee vote this year! It was the largest Voting Session The Meadows has seen in a long time! Thank everybody for doing your duty and getting your vote in!

BLUE GRASS JAM SESSIONS

We had our first of the fall/winter Blue Grass Jam Sessions. It was fun how it started so small with just four people and by the end of the session there was about 15!

Some of which stayed for

the delicious turkey dinner meal! Bob had his hands full with a table full of 5 visiting women and him. Luckily they all said he behaved so they will be returning the next Jam

Session which is on November 9th 1-5pm. If you will be coming please let us know ahead of time and you are welcome to stay for supper as well!



DON'T FORGET YOUR WATER!

DINE AROUNDS OF OCTOBER

This months first Dine Around was to Apple-Bees on the 16th, with Murielle who got shrimp alfredo and a salad, and Marie got a delicious soup and sandwich, and Jennifer got a huge portion of shrimp alfredo which she ate for dinner two more nights after that! Murielle and Jenn had

fresh nails to go out on the town with!

Any time anyone wants to get their nails done the girls go about every 3-4 weeks, and there is plenty of room in the car for a few more! The place they go also does toes if that tickles your fancy more!

The second Dine

Around of the month was to 99 restaurant. Cheryl and Peggy got sirloin tips, Murielle got a delicious hamburger, Jennifer got a sirloin steak. They had celebrities drop in for lunch also! Jenn's daughter Bridget got a buffalo chicken wrap and Bentlee just stuck with formula!

Time to set your clocks back November 1st before you go to bed! If you are having trouble Lauriane will be around to assist on Saturday!

LAUNDRY SCHEDULE

Don't forget the laundry room hours are between 6am and 6pm. Before or after these hours is discourteous for other residents.

If this schedule doesn't work out please let us know and we can dis-

cuss questions you may have about the schedule.

Patti, the house keeper does house laundry on Mondays and Tuesdays 730-4pm. Mondays she starts with the Augusta wing so she will be using

that laundry facility, and Tuesdays she uses the Lewiston wing.

This is the most efficient and polite way to use the laundry facilities available.

Thank you for understanding.

Party Time!

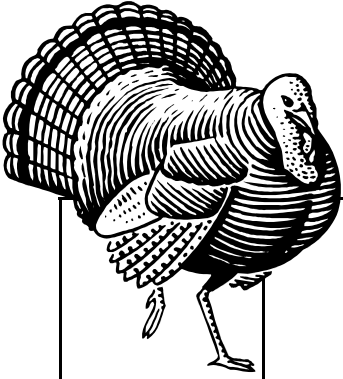
This month there are two very important parties!

The first party is to celebrate and show our appreciation of the our Veterans on Veterans Day! We invite all Vet's that would like to share their memories and visit with other Veteran's of any and all different military back-

grounds. Its always neat to hear stories from different perspectives, and different stories from various wars.

The next party is on Thanksgiving at 1pm, where we will have our traditional DELICIOUS Thanksgiving Feast! If you will be going out or having company please let us know at least one

week ahead of time. Since this is a holiday meal the cost is \$10 per guest. If there is anything that brings it home for you on Thanksgiving let us know and we will see if we can make it happen!



NOVEMBER

						1 Turn Clocks Back!
2 Daylight Savings Time Ends	3	4 Election Day! Yoga -10 Salon	5	6 Shopping	7	8
9 Blue Grass 1-5	10	11 Salon Veterans Day Party 1-5!	12 Casino Trip	13 Senior Step- pers -10 Dine Around	14	15
16	17	18 Yoga -10 Salon	19	20 Shopping	21	22
23/30	24	25 Salon	26	27 Thanksgiving Feast 1pm	28 Black Friday!	29

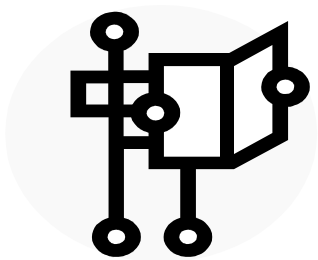
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**Maine's Most Affordable Senior Living
Center**



Look for The Meadows celebrities in
the Sun Journal or on FaceBook!

WE HAVE AVAILABILITIES!

As you have seen in the Sun Journal we have an opening right now! The rooms that are available are large rooms. We also have a head hunter prize! If you recommend a new resident that moves in and they

stay for at least 6 months, you get \$100!

We have a lot of people come in and say they saw the newspaper ads, or the facebook page, or the website! Everyone always enjoys seeing relatives get-

ting in the spot light!

Lets see who can do the most recommending!

